



#### Nurturing Youth, Strengthening Families

## How We Help Children and Families





MCYAF improves the quality of life for children and youth - ages 4 to 24 - who are struggling with behavioral and emotional health issues, and that of their families. MCYAF is a leading provider and partner in family-centered therapeutic services, serving Masonic and non-Masonic-affiliated families, alike.

We offer children therapeutic and psychological assessment services at our San Francisco and Covina headquarters, and referrals to services statewide.

Affordability and accessibility guarantees that Masonic families have access to the highest quality of services available.

# Any Door Is the Right Door

At MCYAF our belief is that **any door is the right door** - Masons may be referred by lodge leadership or via the Masonic Assistance line, or you may contact us on your own.

The quickest and easiest way to access services is to call MCYAF at:

# (877) 488-6293





# What to Expect When You Call



- A kind and welcoming greeting. We believe it takes a great deal of courage to ask for support and in kind we greet everyone with respect and open arms. It is our pledge to support and guide you and your family in a time of need.
- A conversation with one of our access coordinators in which we will ask you to share your thoughts, concerns, and needs. An in-person appointment with a licensed professional and/or connection to services in your local area will be made at the time of this call.
- **Confidentiality.** This is the cornerstone of our work. All information shared with the staff at MCYAF is considered highly confidential.

# What You Can Expect from Our Services

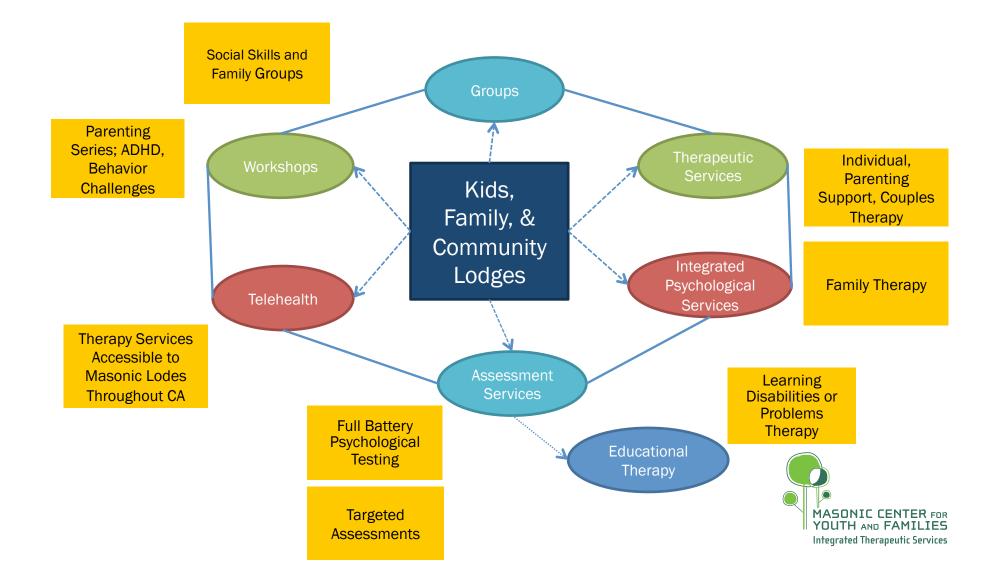
- In-person intake appointment, if you are near San Francisco or Covina. If you are not local, the appointment can be held over the phone or via our telehealth platform.
- A thorough assessment by a licensed mental health professional who will offer recommendations to support you, both at MCYAF and with outside professionals.
- The MCYAF licensed professional you meet at your intake appointment will remain a consistent point of contact for you, throughout your time with MCYAF.



# **Description of Services Offered**

Therapeutic Services	Individual, family, and couples therapy in a multi-disciplinary approach, which includes: family systems and cognitive behavioral therapy, psychodynamic and psychoanalytic orientations
Assessment Services	Assessment Psychology Team provides neuropsychological testing and reporting, improving therapy and academic interventions, and answering questions about learning disorders, mood and behavior challenges
Workshops	Target current issues facing today's families: accessible to fraternity members, childcare provided, free of charge
Educational Therapy	An educational therapist provides evaluation, remediation, case management, and communication/advocacy for children, adolescents, and adults with learning disabilities or learning problems
Telehealth	Utilize an online platform to expand our reach to Masonic communities throughout the state of California; online individual, family, and couples therapy services
Groups	Specific to the needs of existing clients, such as: single parent support, teen support, social skills

#### **Coordination of Behavioral Health Services**



## **How MCYAF Charges for Services**



Fees are determined on an individual basis, based on ability to pay: A sliding scale is used for families requesting a reduction in cost.

Masonic families are given an additional reduction in fee beyond what non-Masonic clients pay.

No Masonic family will be turned away based on their ability to pay.





### (877) 488-6293 mcyaf.org