

# Eligible Over-the-Counter (OTC) Expenses

Effective for expenses incurred on or after January 1, 2020, the following new expenses are now eligible for reimbursement through Health FSAs, HSAs, or applicable HRAs without requiring a prescription.



## Eligible (OTC) items

- Allergy Medicine
- Cold and Flu Medicine
- Pain Relief



## Menstrual Products

- Disposable Period Protection
- Menstrual Cups
- Period Protection Apparel



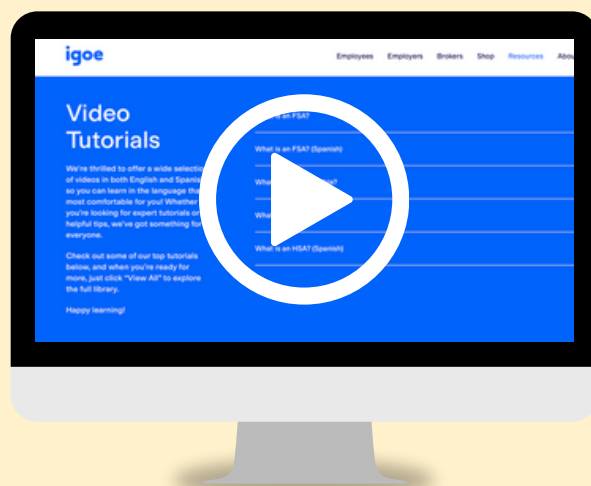
## Eligible PPE Products

- Face Masks
- Hand Sanitizer
- Sanitizing Wipes

## What items are eligible?

Click '[Watch Now](#)' to see how these benefits work for you.

[Watch Now](#)



**Want to learn more? Scan the QR code.**

Watch our short, engaging video for a quick overview of this plan.

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